

ENGLEWOOD CLIFFS

GIRLS VOLLEYBALL



Dates:	Mondays and Wednesdays, March 18th – June 5th
Times:	1 Hour Session will be assigned during 4PM – 6PM
Location:	Upper School Upper Gym
Grades:	3 rd Grade through 8 th Grade
Fee:	\$150

Englewood Cliffs will be offering a **10 week program** that will take place on Mondays and Wednesdays @ Upper School Upper Gym located at 143 Charlotte Place, Englewood Cliffs.

Weekly sessions will be run by Charlie Hong who is the Program Director of Volleyball Club which is a youth empowerment/elite athletic training program established in 2009. The goal is to teach the fundamentals of volleyball which will focus on the following aspects per session including passing, setting, serving, receiving, rules and rotations. The plan is to develop a program so that the girls can play competitively in the Fall season.

There will be no sessions during the week of April 1st (Easter/Spring Break week)

What to bring? Girls need to arrive in gym clothes with a lot of water. No need for knee pads. Anyone with long hair will need to tie it up.

Registration must be done through Community Pass ***under Spring Programs***

<https://register.capturepoint.com/EnglewoodCliffsBorough>

Mayor Mark Park