

THE CLIFFS SENIORS GAZETTE

News and views

ENGLEWOOD CLIFFS NEW JERSEY

Vol. 104

Sept 2019

Hope that you have been having a wonderful summer. As you know there is no meeting or newsletter for August. See you in September.

Light Yoga with Liz Gioffre is on Monday 2:00PM to 3:00PM at the Senior Center. Class will resume Sept. 9th after Labor Day.

Tai Chi with Ting-An Huang is on Friday 2:00 PM to 3:00 PM. at the Community Center on Kahn Terrace (Old Ambulance Building). Classes will resume on Sept 6.

Long time member Yvonne Gemma Albericci passed away on July 13, 2019. She was born February 16, 1935 in Jersey City, NJ. Yvonne was predeceased by her husband Robert and her 2 daughters, Tina and Lynn. Yvonne is survived by her 4 sons, Robert (Christine), Scott, Stephen (Patti), and Corry (Stacey), her 2 daughters, Debbie (Kevin) and Dara, her 7 grandchildren, Alex, Jessica, Austin, Nicholas, Joseph, Emma and Marcus, her companion Joseph Lo Campo and her many nieces and nephews.

Please call Giovanna at 201-944-6954 or Mary 201-947-8788 to reserve your spot for future events. PLEASE PAY for each event by separate check payable to Englewood Cliffs Seniors. Payment MUST be made at least 45 days PRIOR TO THE EVENT. Checks can be mailed to 42 Mercer Ave. Englewood Cliffs or given to Giovanna at the meeting prior.

August 6th Tuesday – National Night Out – Police Department Parking Lot. It is 7:00PM to 10:00PM. All Englewood Cliffs Residents are welcome. Food and Games.

September 10th Tuesday – Regular Monthly Meeting 7:30PM We will return from the summer with a Bingo Night. The nurse will be back for private consultations and blood pressure prior to the meeting at 6:30 PM to 7:30 PM

September 17th Tuesday - Kykuit, the Rockefeller estate in Sleepy Hollow, NY. Kykuit was home to four generations of the Rockefeller family, beginning with the philanthropist John D. Rockefeller, founder of Standard Oil. His business acumen made him, in his day, the richest man in America. Now a 40 room historic site of the National Trust for Historic Preservation, this extraordinary landmark has been continuously and meticulously maintained for more than 100 years. Kykuit, from the Dutch word Kijkuit meaning "lookout" sits on the highest point in Pocntico Hills, overlooking the Hudson River and offering a view of the New York City skyline 25 miles to the south.

The tour will include the main floor of the house, complete with its fine furnishings and art, the garden, the outdoor sculpture collection and the coach barn with antique carriages and classic automobiles. We will have a buffet luncheon at Sunset Cove. We will leave from the Lions Club at 8:30AM Members \$50 and Non-Members \$60 We have made the required number of 40 so this trip will go. PLEASE ASK YOUR FRIENDS AND NEIGHBORS as we have additional room.

Oct. 29th, Tuesday, Octoberfest at Kruckers in Pamona New York. We were able to secure a reservation after being closed out last year. Members \$40 and Non Members \$50 We will leave from the Lions Club at 9:30 for a 10:30 AM arrival. Upon arrival we will receive Apple Cinnamon Scone, Pancake, Maple Syrup, apple Cider & Coffee. At 12:00 Noon, Apple Sauce, Bread & Butter/Warm Pretzels, Beef Barley Soup, Sauerbraten w/Red Cabbage OR Sliced Pork Loin w/Sauerkraut, Mashed Potatoes/ Potato Pancakes, Brussel Sprouts, Glazed Carrots, Apple Dumpling & Vanilla Ice Cream. 4:00 PM Knockwurst Sandwich and Cucumber Salad 12:00 Noon to 4:30PM Oktoberfest Beer, Riesling Wine, Soft Drinks. There will be Folk Dancers and German Music 1 – 4 PM, Bingo. These are lovely grounds as those that have come in earlier years can attest to. This trip is SOLD OUT.

November 6th – Wednesday – Broadway Show Tootsie, rear orchestra seats, \$75 members, \$85 non members. We will be going by charter bus to the matinee. We will leave at 12:00 Noon. This trip is SOLD OUT.

Dec. 3rd Tuesday, Christmas Party, Clinton Inn in Tenafly - 6:00 PM to 10:00 PM. Music will be provided by Joe Zisa and Friends. This is a seven piece band. They perform all the best music of the 50's, 60's and 70's. Many of you will have seen them at the Stony Hill Inn in the past and said that they would be great if we could get them for our Christmas Party. We had them last year and everyone said, Get them again Next Year. As we get closer, I will post the menu. It will be the same as last year. Beer, Wine, Soda, Coffee & Tea provided. Cash bar for mixed drinks. Members \$50. And Non Members \$60. Save the date.

Remember to tell your friends and neighbors that you can join and be part of all these activities starting at 55 years of age. Both spouses can join if one qualifies.

Happy Birthday to our August Babies, Birthstone: Peridot

AUGUST. August is the latest month to claim two birthstones; Peridot and Spinel. Peridot, with its signature lime green color, is believed to instill power and influence in the wearer. Spinel is available in a brilliant range of colors and is believed to protect the owner from harm and soothe away sadness.

Happy Birthday to our September Babies, Birthstone: Sapphire

The sapphire is September's birthstone. There's an ancient belief that those born this month can benefit from its mysterious powers – health, intelligence and truth – if they wear it as an amulet.

The Fort Lee Public Library Newsletter is online and can be found here.

The new edition for July through Sept 2019 is here.

<https://drive.google.com/file/d/1xVLBmEaIqIWzX7KGqTaghcBDfBxiB6qr/view>

They have many interesting and helpful programs.

Including online magazines and passes to MOMA and others.

The Fort Lee Library has a program of books on wheels. You can join and have books brought to your home if you cannot get to the library.

A FREE service available to Fort Lee cardholders (Fort Lee & Englewood Cliffs residents) who are unable to travel to the Library due to illness or disability. To register or become a volunteer, contact: jeanette.shelley@fortlee.bccls.org or call 201-592-3614 ext.4001.

Your board and especially Giovanna work very hard to plan activities for the members. Please support our activities. They are created for you to be able to get out and see friends and have a nice day.

Again, please submit your email address and cell phone number to the board for emergencies. This will not be for distribution but for club issues. We have had mix-ups with car pools at times and sometimes it would be helpful to send an e-mail to members about club business. The information would be kept by the board only.

Information on Meals on Wheels can be found on the Bergen County Website.

<http://www.co.bergen.nj.us/579/Meals-on-Wheels>

Chore Program Volunteer Center of Bergen County 201-489-7790

64 Passaic St.

Hackensack

For your information: Our message phone number is 201-947-2838, allow seven rings for turn-on. Message provides an update on activities and data if an event has been cancelled or rescheduled. YOU CANNOT LEAVE MESSAGES ON THIS PHONE AS NO ONE IS THERE TO PICK UP THE MESSAGES.

The taxi service is available to Englewood Cliffs Residents only who are seniors to go to the Shop Rite in Englewood on Tuesday. Pickup is at 10:00AM with the return at 12:00PM. Three seniors per cab. No additional stops to banks or pharmacies. Please be prompt. Call Babe's Taxi on Monday to make a reservation for the taxi. 201-944-6800

<https://www.facebook.com/EnglewoodCliffsSeniorCitizens>

**An updated membership list is enclosed for your reference only. Not to be distributed .
For member use only.**