

FREE PROGRAMS FOR OUR RESIDENTS

Get Hooked on HOOPS!

OPEN GYM at Upper School, 143 Charlotte Place

MEN'S Basketball in the Upper Gym
(18 & over), Tuesdays at 7:30pm

STARTS September 9th



ZUMBA at the NEW Community Building (the old Ambulance Building)
next to 482 Hudson Terrace

Tuesday nights starting September 30th - November 18th 7:30pm to 8:30pm

Teens, Guys & Gals are Welcome to Join



YOGA at the NEW Community Building (the old Ambulance Building)
next to 482 Hudson Terrace

Thursday nights starting October 2nd – November 20th
7:00 – 8:30pm

Teens, Guys & Gals are Welcome to Join Bring your own mat

Englewood Cliffs Soccer Tots are Back! If your child is 3 or 4 years old they can enroll in our fun and active program. This program will introduce the beautiful game of soccer to you and your child. It will also give you an opportunity to bond and have fun together while learning the basics of soccer in a fun and exciting way, by passing, shooting and ball control. It's great for developing coordination and self-esteem. Parents are encouraged to play with the tots during the Tots vs. Parents session - it's a WIN WIN!



Saturdays, 9am - 10am, starting September 13th through November 1st @ Witte Field
In person registration 9am on September 6th @ Witte Field

Councilman Ed Aversa, Recreation Chairperson
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