

# **THE CLIFFS SENIORS GAZETTE**

## **News and views**

### **ENGLEWOOD CLIFFS NEW JERSEY**

Vol. 74

NOVEMBER 2016

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**IMPORTANT – THIS MONTH’S MEETING IS NOVEMBER 15<sup>TH</sup>, TUESDAY, 7:30pm.**

**Remember to tell your friends that you can join and be part of all these activities starting at 55 years of age. Both spouses can join if one qualifies.**

**Two of our members have lost family members since last newsletter. Florence Walcyk’s daughter Marcia passed away and Anneliese & Don McDermott lost their son-in-law Robert Hyer Jr. Earlier this year, Dena Paladino lost her son Guy. Parents never expect to bury their children. Please keep these families in your prayers.**

**Light Yoga and chair exercise program with Liz Gioffre is held on Mondays, between 2:00 and 3:00PM, at the clubhouse 7 W. Bayview Avenue. We keep healthy with our exercise program and visiting nurse visits.**

**The HARP nurse will be available again on November 15th at 6:30 PM and members will be taken in first come first served basis. She will be doing heart rate screening, blood pressure testing, pulse rate, plus individual health advice. All examinations are private. This service is provided at no cost by the Board of Health.**

**For your information: Our message phone number is 201-947-2838, allow seven rings for turn-on. Message provides an update on activities and data if an event has been cancelled or rescheduled. YOU CANNOT LEAVE MESSAGES ON THIS PHONE AS NO ONE IS THERE TO PICK UP THE MESSAGES. Service provided by our President, Ken Kubicki.**

**Well, it is that time of the year again. ANNUAL DUES ARE NOW DUE. Your annual dues of \$10 per member are now due for the coming year. All dues must be paid before December 1, 2015. Those members over 90 years of age are exempt. Please pay or mail to Pio DeCaminada, 9 First Street. If your dues are not paid, you will not get member benefits and this will be your last newsletter.**

The nominating committee, headed by John Avallone, along with Don McDermott and Lauren Eastwood, made the following recommendations for the Board for the 2017 year. This will be voted on at the November 15<sup>th</sup> meeting. The new officers will be sworn in at the December 13<sup>th</sup> meeting.

President	Mary O'Shea
Vice President	Anneliese McDermott
Treasurer	Pio Decaminada
Secretary	Joan Cologero
Social Director	Giovanna Mungioni
President Emeritus	Ken Kubicki
President Emeritus	Andy Cincotta
House Operations	Ed Tallia
Computer Programmer	Maura Vill

## COMING EVENTS

Please call Giovanna to reserve your spot for future events. **PLEASE PAY** for each event by separate check payable to Englewood Cliffs Seniors. Payment **MUST** be made **PRIOR TO THE EVENT**. Checks can be mailed to 42 Mercer Ave. Englewood Cliffs or given to Giovanna at the meeting prior. You can bring checks with you to the **NOVEMBER MEETING FOR ANY EVENTS THROUGH DECEMBER**. **THE CHECKS ARE NOT DEPOSITED UNTIL JUST BEFORE THE EVENT.**

## CALENDAR

- November 8<sup>th</sup> Tuesday Election Day. Meeting postponed to next week. Don't forget to vote.
- November 11<sup>th</sup> – Friday – 11:00 AM - Veterans Day – Memorial service at Veterans and Fallen Hero's Park, West Bayview Avenue.  
**REMEMBER -- Many restaurants offer free meals for Veterans on this day.**
- November 15<sup>th</sup> Tuesday - Regular Meeting 7:30PM – Clubhouse, 7 West Bayview Ave. Please note **THIS MEETING WILL BE THE THIRD TUESDAY FOR THIS MONTH ONLY BECAUSE OF ELECTION DAY.**  
Our speaker will be Richard Muti. He is a graduate of the United States Naval Academy, Harvard Business School and Rutgers Law School. He is a former Navy pilot, a former assistant Bergen County prosecutor and a former mayor of Ramsey, NJ, his hometown. He also served on the Ramsey Board of Education for six years and has taught at three New Jersey universities. Muti has more than 100 publishing credits, including six books and featured articles in New Jersey Monthly, The New York Times, New Jersey Lawyer, The Star-Ledger and The Bergen Record

**Cen'tAnni: The Sinatra Legend at 100 by Richard Muti, offers a comprehensive look at Frank Sinatra, perhaps the most acclaimed entertainer of the 20<sup>th</sup> century and a man whose personal demons often threatened to overtake the better angels of his nature. This fascinating new Sinatra biography has been named an Award Finalist in the USA Book News Best Book competition and was selected by the New Jersey State Library and produced as an audio book for the blind and reading impaired. Former NJ Governor Jim Florio had this to say: "Richard Muti has thoroughly captured Frank Sinatra's complex nature – a mix of dogged determination, incomparable artistry, boundless generosity, and outright thuggishness," adding that Muti's book "ranks among the best biographies of New Jersey's most illustrious son."**

- **November 21<sup>st</sup> Monday Tropicana – Christmas Show – Lunch Voucher for Carmine's, and \$15.00 in slot play. Cost is \$40.00 for Members and \$45.00 for Non Members. Charter Coach leaves from Lions Club at 9:00 AM and return trip from Atlantic City leaves at 6:00PM.**
- **December 6<sup>th</sup> Tuesday – Christmas Party – Graycliff, 122 Moonachie Ave, Moonachie, NJ 07074 - Member \$60.00, Non Members \$70.00 Unlimited Wine and Beer, Raw Seafood Bar, Dinner Buffet, Espresso & Dessert. 6:00 to 10:00PM – One Charter Coach will be provided. Those who pay first will be given preference for a seat on bus. Bus leaves Lions club at 5:00 PM and return trip leaves at 10:00 PM**
- **December 13<sup>th</sup> – 6:00 PM Start Time - Regular Monthly Meeting – In House Christmas Party, Swearing in of 2017 Officers - Poinsettia giveaway,**
- **December 28<sup>th</sup>, Wednesday, Empire Club, Little Ferry, 12 noon to 4 PM. Carpool Open Bar, music and dancing. Music by Peter Lieberman. Family style serving. Hors d'oeuvres; shrimp cocktail; penne vodka; Caesar salad, chateaubriand, chicken and artichokes, spinach and roasted red peppers, vegetables, Italian pastry, coffee, tea, decaf, espresso. Members \$35.00 Guests \$45.00.**
- **EVENTS PLANNED FOR YOU IN 2017**
- **January (Date not set yet) Giovanni's Bicycle Club - Luncheon**
- **April 20<sup>th</sup> Thursday Evening Papermill Playhouse performance of "Million Dollar Quartet" with dinner prior at Charlie Brown's Restaurant Millburn. Charter bus from the Lions Club at 4:00 PM. Tickets purchased by March 14.**
- **September 20<sup>th</sup>, Wednesday Luncheon and show at Westchester Theater, "Annie Get Your Gun". Charter bus from the Lions Club. Tickets must be purchased by August 8<sup>th</sup>.**

If you have an email, please send it to Mary O'Shea at [mary@osheacollectibles.com](mailto:mary@osheacollectibles.com) and include your cell phone number.

**Englewood Cliffs Senior Citizens**

<https://www.facebook.com/EnglewoodCliffsSeniorCitizens>

November birthdays are associated with two gems; **Citrine** and **Topaz**. The warm color of **Citrine** is said to be a gift from the sun and it's believed to be a healing gemstone. **Topaz** is most desired in its rich orange Imperial **Topaz** color but it is found in a variety of rich colors like blue, pink and yellow.

**Happy Birthday to our NOVEMBER Babies. Birthstone Topaz or Citrine**

**Again, please submit your email address and cell phone number to the board for emergencies. This will not be for distribution but for club issues. We have had mix-ups with car pools at times and sometimes it would be helpful to send an e-mail to members about club business. The information would be kept by the board only.**

**We would like to have the cell phone number for each person. This is very important in emergency situations or trips.**

**We have started to mail some of our members the monthly newsletter via e-mail. If you have submitted your email we will email you the newsletter. You will no longer be receiving a paper copy mailed to you.**

**The taxi service is available to the seniors to go to the Shop Rite in Englewood on Tuesday. Pickup is at 10:00AM with the return at 12:00PM. Three seniors per cab. No additional stops to banks or pharmacies. Please be prompt. Call Babe's Taxi on Monday to make a reservation for the taxi. 201-944-6800**