

THE CLIFFS SENIORS GAZETTE

News and views

ENGLEWOOD CLIFFS NEW JERSEY

Vol. 90

APRIL 2018

Remember to tell your friends and neighbors that you can join and be part of all these activities starting at 55 years of age. Both spouses can join if one qualifies.

There was an error on the membership list. Sophia Jounakas's phone number should be 567 not 569. Please correct your list. Please check your information on the membership list for accuracy.

The nurse will be available from 6:30 to 7:30 PM on meeting night for private health checks, blood pressure monitoring. Sponsored by the Englewood Cliffs Board of Health.

Light Yoga and chair exercise program is held by Liz Gioffre. Classes are held on Mondays 2:00PM to 3:00PM at the club.

Tai Chi class is held on Fridays at 2:00 PM for 45 minutes, lead by Ting-An Huang Class is for men and women.

We want to thank Christina Truncellito for making all the phone calls to all our members to obtain emergency contact information. If you are one of the few members that could not be reached, please call Christina and give her you information. Thank you

We lost a long time member on March 12th, Betty Dinnerstein. Betty was a resident in an assisted living facility in Teaneck. She used to live on Anderson Ave. with her husband Louis. Betty was our trip co-ordinator for many years and planned our trips and outings. She is survived by her children, Charlene Dinnerstein, Paula Dinnerstein, Luna Dalva and Marvin. She was a loving grandmother to Joseph Dinnerstein. Betty was born and raised in Brooklyn, NY.

For your information: Our message phone number is 201-947-2838, allow seven rings for turn-on. Message provides an update on activities and data if an event has been cancelled or rescheduled. YOU CANNOT LEAVE MESSAGES ON THIS PHONE AS NO ONE IS THERE TO PICK UP THE MESSAGES.

<https://www.facebook.com/EnglewoodCliffsSeniorCitizens>

The taxi service is available to Englewood Cliffs Residents only who are seniors to go to the Shop Rite in Englewood on Tuesday. Pickup is at 10:00AM with the return at 12:00PM. Three seniors per cab. No additional stops to banks or pharmacies. Please be prompt. Call Babe's Taxi on Monday to make a reservation for the taxi. 201-944-6800

COMING EVENTS

Please call Giovanna or Mary to reserve your spot for future events. PLEASE PAY for each event by separate check payable to Englewood Cliffs Seniors. Payment MUST be made PRIOR TO THE EVENT. Checks can be mailed or given to Giovanna at the meeting prior.

CALENDAR

April 10th Tuesday, Monthly Meeting, 7:30 PM Speaker will be Marty Alboum, speaking about Sex Scandals in the White House from Washington To Today. Marty Alboum is a graduate of William Paterson University and Rutgers University with degrees in History and Social Work. American politics have often been mean, nasty and dirty. Sexual scandals among our politicians existed from the earliest days of our country. They are very much in the news today. Marty Alboum will do a quick review of these scandals and how they affected history.

**April 26th, Thursday Evening, Papermill Playhouse, The Sting, dinner before the show at Charlie Browns Restaurant. The Sting is a new musical based on the academy award-winning film. The Tony Award-winning creative team includes director, John Rando (On the Town), choreographer Warren Carlyle (Hello,Dolly!), book writer Bob Martin (The Drowsy Chaperone), and an original score by composer/lyricist team Mark Hollmann and Greg Kotis (Urinetown),. The Sting takes you back to an era when the blues reigns, the stakes are high, and the dice are always loaded. \$75.00 for Members and \$85.00 for Non-Members. Bus leaves from the Lions Club at 3:45PM.
*****SOLD OUT *****WAIT LIST ONLY**

May 8th, Tuesday, 6:00PM Regular Monthly Meeting. We will be having our annual "International Night". Please bring your favorite dish to share with the other members. This meeting will start at 6:00PM. Please bring your food hot prior to that time. Each member is to bring something, man or woman. This is like a pot luck dinner. Signup sheets will be passed around at the April meeting. You can Call Giovanna, Mary or Naomi to tell what you intend to bring. Just leave a message on our phones.

**May 10th Bus trip by Air Brook to the New York Botanical Gardens & Arthur Avenue. A narrated tram tour ride through the gardens grounds to view the blooming plants. Following the gardens, we will have a 3 course lunch on Arthur Avenue at “Emilia’s Restaurant” which includes a salad, entrée choice of Vegetable Lasagna, Grilled Salmon, Chicken Marsala, or Eggplant Parmigiana, then dessert & Coffee. After lunch, you will have some time to shop on Arthur Ave for Italian Delicacies to bring home with you. There are many fine bakeries, offering freshest home made bread and biscotti, and meat markets specializing in home made Italian sausages and prime and choice meats. The largest variety of Italian delicacies and specialties, including cheese, olive oil, balsamic vinegar, canned tomatoes and espresso coffee beans can also be found. Borgatti’s Ravioli & Egg Noodles is a third generation family run specialty pasta shop on E. 187th Street in the Bronx. NY. It all began 80 years ago when Lindo and Maria first opened the shop. The store has remained in the family ever since. <https://www.borgattis.com/> If you plan on making purchases there, they only accept CASH, no credit cards or checks. This is only one of the specialty shops that you will have the opportunity to shop. \$65. For members and \$75 for non members. Leave from the Lions club at 10:00 AM
WE NEED 40 PEOPLE SO WE DO NOT HAVE TO CANCEL THIS TRIP>**

June 19th, Melodies of Sinatra, at the Stony Hill Inn, 231 Polify Road, Hackensack, Lunch will include 2 drinks, pasta, salad, roast beef or chicken piccata, vegetable, potato, desert, coffee, tea, and soda. There will be dancing entertainment. \$35.00 for Members and \$45.00 for Non Members - Car Pool

July 15th Sunday 1:00 PM Our Annual Bar-B-Que at the Senior Citizen Clubhouse, 7 West Bayview Avenue.

If you have an email, please send it to Mary O’Shea at mary@osheascollectibles.com and include your cell phone number.

Happy Birthday to our April Babies. Birthstone: Diamond, white sapphire

Two of our April Babies are celebrating very big birthdays during April. Lillian Fehre on April 12 and Ovid DiFiore on April 20. They each will be 100 years old. They join our other centenarian Katherine Ladanyi who’s birthday was Feb.12.

Join us in congratulating each of them on this milestone birthday.

Diamonds, the birthstone of April, are commonly associated with love which make it the perfect gift for a loved one. While **white** diamonds are most common, fancy colored diamonds can be found in various colors including **yellow, blue,** pink and a variety of others as well.

The Englewood Cliffs Sports Advisory Council has asked the Senior Citizen club if there is any activity that they could assist us with. Please give your suggestions to a

board member. This would be in conjunction with the Recreation Department.

Again, please submit your email address and cell phone number to the board for emergencies. This will not be for distribution but for club issues. We have had mix-ups with car pools at times and sometimes it would be helpful to send an e-mail to members about club business. The information would be kept by the board only.

We would like to have the cell phone number for each person. This is very important in emergency situations or trips.

**The Fort Lee Public Library Newsletter is online and can be found here.
Through the Looking Glass January through March 2018
<https://drive.google.com/file/d/15hTIZUSDvq9lbc3trp2Y5LCNEvRRzbXW/view>**

**The new edition for April through June 2018 is here.
https://drive.google.com/file/d/1zDQ1v88DLYrO3Tp_m7zjUSgE_E2KrwS_/view**

They have many interesting and helpful programs. Including online magazines and passes to MOMA and others.

Your board and especially Giovanna work very hard to plan activities for the members. Please support our activities. They are created for you to be able to get out and see friends and have a nice day.

If you have any suggestions, please let us know.

**Information on Meals on Wheels can be found on the Bergen County Website.
<http://www.co.bergen.nj.us/579/Meals-on-Wheels>**

**Chore Program Volunteer Center of Bergen County 201-489-7790
64 Passaic Street Hackensack NJ 07601
Minor Household repairs without charge (Except for materials).**