

# **THE CLIFFS SENIORS GAZETTE**

## **News and views**

### **ENGLEWOOD CLIFFS NEW JERSEY**

Vol. 84

Oct 2017

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**Our long serving Secretary, Joan Cologero, felt it was time to retire her pen and pad. We want to thank Joan for her years of service to our Senior Club. She has contributed many hours of service to make us successful. Naomi Altschul has graciously agreed to take over the reins as our Secretary.**

**Remember to tell your friends and neighbors that you can join and be part of all these activities starting at 55 years of age. Both spouses can join if one qualifies.**

**We are at that time of the year again to renew our dues. \$10.00 per person is now payable for 2018. Please make your check payable to Englewood Cliffs Seniors Citizens and mail the check to Pio DeCaminada, 9 First Street, Englewood Cliffs. All dues for 2018 must be paid by December 1<sup>st</sup> 2017.**

#### **IMPORTANT INFORMATION**

Have you ever applied for a car loan, credit card, lease or mortgage? You may be among the 143 million Americans whose private data was exposed during a recent breach at Equifax – one of our nation's top three credit reporting agencies. It's outrageous that Equifax waited more than a month to inform consumers about this hack. And it's unconscionable that some executives used that time to dump their Equifax stock, possibly violating insider trading laws.

#### **What You Can Do:**

**Review your credit report.** Once a year, you can get a credit report for free by visiting [annualcreditreport.com](http://annualcreditreport.com). This

will include information from all three credit bureaus: Equifax, Experian, and TransUnion.

**Consider a Credit Freeze.** If you aren't applying for any new loans, consider freezing your credit. This prevents fraudsters from applying for new accounts in your name – while preserving access for lenders you already use. To place a freeze on your credit, you must submit to all three bureaus:

- Equifax: 800-685-1111, or [www.freeze.equifax.com](http://www.freeze.equifax.com)
- Experian: 888-397-3742, or [experian.com/consumer/security\\_freeze.html](http://experian.com/consumer/security_freeze.html)
- TransUnion: 800-680-7289, or [transunion.com/securityfreeze](http://transunion.com/securityfreeze)

**Create a fraud alert.** If you opt against a credit freeze, consider putting a fraud alert on file. This will warn creditors that your information was compromised, and require them to verify your identity before establishing any new accounts. [Instructions are available here.](#)

**Consider a Credit Monitoring Service.** There are services that can monitor your credit for suspicious activity - but watch out for hefty fees and trial periods. Check to see if any of your lenders offer free credit monitoring.

More information is available from the Consumer Financial Protection Bureau [here](#).

It's unfortunate that millions of Americans are now at a greater risk for identity theft and fraud. I'll keep you updated on my efforts to hold Equifax accountable for failing to safeguard our personal information.

Thank you for being proactive,

**We lost one of our members this past month, William Tobenkin. Bill was born June 11, 1922 and died on September 14, 2017. He was predeceased by his wife Helen in November 2016. He is survived by two daughters, Amy & Shelley, two sons, Gary & Neil, and many grandchildren. Bill was a veteran of WW2 and a long time resident of Englewood Cliffs. We send our condolences to his family.**

**We have members,**

**Please update your membership list.**

**We had a wonderful birthday party meeting last month. We celebrated our members that were 90 years and over. We had 10 members between 90 and 99 attend, and there were 11 additional members between 90 and 99 years of age that were unable to attend. They were missed.**

**A special note of congratulations to Evelyn Stepic who completed the recent 5K run in Englewood Cliffs. She was awarded a medal as first place in her class. You make us proud Evelyn.**

**Light Yoga and chair exercise program is held by Liz Gioffre. Classes are held on Mondays 2:00PM to 3:00PM at the club.**

**The nurse has returned and is available from 6:30 to 7:30 PM on meeting night for private health checks, blood pressure monitoring. Sponsored by the Englewood Cliffs Board of Health.**

**For your information: Our message phone number is 201-947-2838, allow seven rings for turn-on. Message provides an update on activities and data if an event has been cancelled or rescheduled. YOU CANNOT LEAVE MESSAGES ON THIS PHONE AS NO ONE IS THERE TO PICK UP THE MESSAGES.**

**The taxi service is available to the seniors to go to the Shop Rite in Englewood on Tuesday. Pickup is at 10:00AM with the return at 12:00PM. Three seniors per cab. No additional stops to banks or pharmacies. Please be prompt. Call Babe's Taxi on Monday to make a reservation for the taxi. 201-944-6800**

**<https://www.facebook.com/EnglewoodCliffsSeniorCitizens>**

## **COMING EVENTS**

**Please call Giovanna at 201-944-6954 to reserve your spot for future events. PLEASE PAY for each event by separate check payable to Englewood Cliffs**

**Seniors. Payment MUST be made PRIOR TO THE EVENT. Checks can be mailed to 42 Mercer Ave. Englewood Cliffs or given to Giovanna at the meeting prior.**

## **CALENDAR**

**October 10<sup>th</sup> Tuesday – 7:30 PM Regular Meeting – Violinist David Podles will perform “A Stroll on the Piazza” A collection of Italian Classical, Traditional, Folk & Contemporary hits. Benvenuti in Italia! Welcome to Italy! Acclaimed International Concert Violinist Dr. David Podles presents the most famous, poignant and celebrated Italian pieces from the Classical beauty of Vivaldi and Paganini to Traditional tarantellas and mazurkas plus Italian contemporary and Pop music both Italian and Italian-American flanked by Opera greats such as Rossini and Puccini. Business meeting at 7:30. Performance at 8:00PM.**

**October 23<sup>rd</sup>, Monday, Oktoberfest. Krucker’s Picnic Grove & Catering, Call Hallow Road, Pomona, New York. [www.Kruckers.com](http://www.Kruckers.com) On arrival at 10:30AM, we will be served Butter Milk Scones, Pancake, Maple Syrup, Apple Cider & Coffee. At 12:00 Noon, Apple Sauce, Bread & Butter, Warm Pretzels. Beef Barley Soup. Choice of Sauerbraten with Red Cabbage OR Sliced Park Loin w/Sauerkraut. Sides of Mashed Potatoes/ Potato Pancakes, Brussels sprouts, Glazed Carrots, Dessert of Apple Strudel & Vanilla Ice Cream At 4:00 PM Knockwurst Sandwich and Cucumber Salad. From 12:00 Noon to 4:30 PM, Oktoberfest Beer, Riesling Wine, and Soft Drinks. German Music (1 – 4 PM). German Dancers. Members \$50. Non-Members are \$60. We went here last year and had a very good time. Last year they played bingo and had pumpkin painting during the day. We have pictures on the Englewood Cliffs Senior Citizens Face book page. Take a look. We will be sharing the trip with Tenafly and Leonia Seniors. The bus will be leaving from the Lions Club at 9:15 AM**

**November 20<sup>th</sup>, Monday, Tropicana in Atlantic City. Motorcoach transportation, Holiday Show, \$15.00 Slot Play, Lunch voucher for Carmines. Bus leaves from Lions Club at 9:00AM. \$35.00 for Members and \$45.00 for Non-members.**

**December 5<sup>th</sup>, Tuesday 6:00PM to 10:PM This will be our ONLY Holiday party. This year the board has decided to put our two parties together into one. This will be at Giovanni’s Bicycle Club on Sylvan Avenue. We will have a buffet dinner with wine and beer. (Menu will be posted next month) The Chuck D’Orazio Trio will play for your listening & dancing pleasure. We will be distributing our Pointesettia flowers at this party. It will be \$35.00 for Members and \$45.00 for Non-Members The swearing in of officers for 2018 will take place at the party. There will be NO December meeting.**

**January 17<sup>th</sup> Wednesday, Matinee in NYC for Beautiful, the Carol King story. Before she was Carol King Superstar, She was Carol Klein, teenage song-writer. She fought her way into the record business as a teenager and, by the time she**

reached her twenties, had the husband of her dreams and a flourishing career writing hits for the biggest acts in rock 'n' roll. But it wasn't until her personal life began to crack that she finally found her true voice. BEAUTIFUL tells the inspiring true story of King's remarkable rise to stardom, from being a part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than BEAUTIFUL music, she wrote the soundtrack to a generation. Including motorcoach transportation and tickets for show. \$70.00 for Members and \$90.00 for Non-Members. Leaving from the Lions Club at 12:15PM. Tickets must be reserved by October 10<sup>th</sup> meeting.

February 20<sup>th</sup> Tuesday, Mount Airy Lodge, PA, Basically Bennett. A Tony Bennett Cover show. Motorcoach transportation, \$15.00 slot play, Buffet Lunch, and show. \$45.00 Members and \$65.00 Non-Members. Leave from the Lions Club at 10:30 AM and Arrive at Mount Airy 12:30PM

March, St. Patrick's Day Celebration at the Empire Club. Car Pool

April 26<sup>th</sup>, Thursday Evening, Papermill Playhouse, The Sting, dinner before the show at Charlie Browns Restaurant. The Sting is a new musical based on the academy award-winning film, It takes place in Chicago, 1936. Get ready to enter a smoke-filled world of cons and capers, where nothing is what it seems and no one is who they appear to be. Based on the 1973 Academy Award-Winning film, The Sting tells the tale of a pair of con men, small-town grafter, Johnny Hooker and big-time hustler Henry Gondorff, who plot to bring down the city's most corrupt racketeer. The Tony Award-winning creative team includes director, John Rando (On the Town), choreographer Warren Carlyle (Hello,Dolly!), bookwriter Bob Martin (The Drowsy Chaperone), and an original score by composer/lyricist team Mark Hollmann and Greg Kotis (Urinetown),. The Sting takes you back to an era when the blues reigns, the stakes are high, and the dice are always loaded. \$75.00 for Members and \$85.00 for Non-Members. Bus leaves from the Lions Club at 3:45PM.

June 19<sup>th</sup>, Melodies of Sinatra, at the Stony Hill Inn in Hackensack, Lunch and entertainment. Car Pool

If you have an email, please send it to Mary O'Shea at [mary@osheascollectibles.com](mailto:mary@osheascollectibles.com) and include your cell phone number.

Happy Birthday to our October Babies. Birthstone: tourmaline and opal

Opal and Tourmaline are the October birthstones. Tourmaline is believed to have derived its name from the

word Toramalli meaning something that is out of the earth. The Sri Lankan term applied to all green, brown or yellow stones. Opals range in color from milky white to black, with flashes of yellow, orange, green, red, and blue.

Opal derives its name from the Greek word Opallos, which is to mean a change of color. Other sources indicated that the term was derived from the Sanskrit word Upala.

The people of the Orient christened Opal the Anchor of Hope. Others believed the Opal fell from the heavens when lightning struck the earth. According to some thoughts, the Opal was believed to make its wearer invisible and was a popular talisman of spies and thieves. The stone has a unique property in changing color, believed to indicate the health and mental alertness and fitness of the wearer. The October [birthstone color](#) is associated with purity, innocence, hope and faith.

**Again, please submit your email address and cell phone number to the board for emergencies. This will not be for distribution but for club issues. We have had mix-ups with car pools at times and sometimes it would be helpful to send an e-mail to members about club business. The information would be kept by the board only.**

**We would like to have the cell phone number for each person. This is very important in emergency situations or trips.**

**Volunteers are requested for Oct 10th meeting at 1:00PM to assist with the setup for the meeting. Pitch in and help your club.**

**Your board and especially Giovanna works very hard to plan activities for the members. Please support our activities. They are created for you to be able to get out and see friends and have a nice day. If you have any suggestions, please let us know.**